FEEL RITE FRESH MARKETS

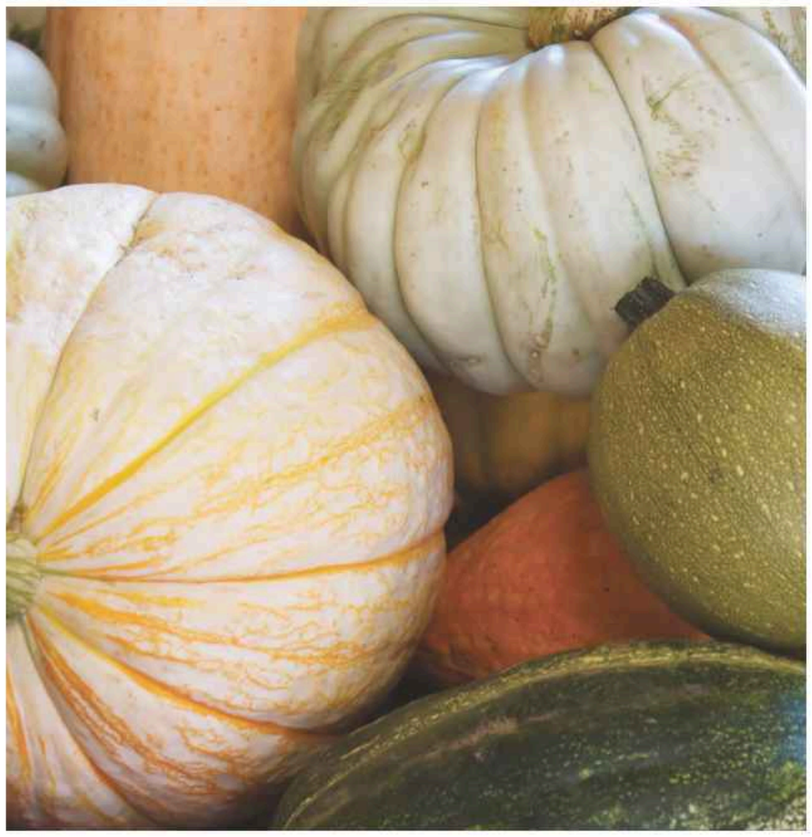
Locally Owned and Serving Buffalo & WNY Since 1971

Mon - Sat 9am - 9pm · Sun 10am - 6pm

www.feel-rite.com

AMHERST · WILLIAMSVILLE · BUFFALO · WEST SENECA · HAMBURG

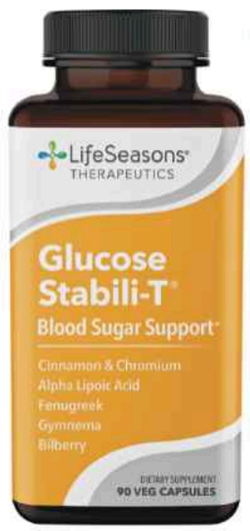
Sale Effective 11/01 - 11/30/2026





ENZYMEDICA®

25% off MSRP
ENTIRE LINE



LifeSeasons®
The Supplement Experts™

30% off MSRP
ENTIRE LINE

November Gift Card Sale!!!

Just in time for Holiday Shopping!

Give the Gift of Health & Get a Little Treat for Yourself!

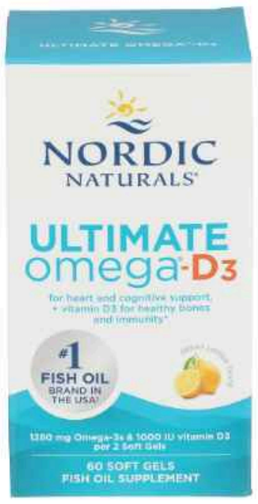
Purchase a $100 Gift Card and get a $20 Gift Card Free!

Purchase a $50 Gift Card and get a $10 Gift Card Free!

Purchase a $25 Gift Card and get a $5 Gift Card Free!

In Store Promotion Only. Sale Ends 11/30/2026

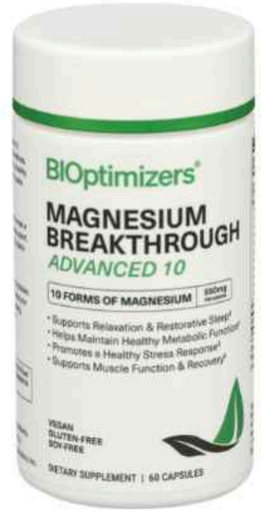
NORDIC NATURALS®



30% off MSRP
FAMILY IMMUNE SUPPORT

BIOptimizers®

25% off MSRP
ENTIRE LINE





MegaFood®

35% off MSRP
ENTIRE LINE



TRUVANI

30% off MSRP
ENTIRE LINE

MSRP: Manufacturer's Suggested Retail Price. All Line Drives exclude protein bars, individual packets, trial sizes & EDLP's (Everyday Low Price Items) Not responsible for typographical errors. Not all items available at all locations. Sale Prices are effective while quantities last.



Califia Farms
Creamer
Select Varieties
32 oz.

$4.29
6.39 MSRP



R.W. Knudsen
Juice
Select Varieties
32 oz.

$4.29
5.39 MSRP



Oatly
Oatmilk
Select Varieties
64 oz.

$4.29
5.89 MSRP

Health-Ade
Organic Kombucha
Select Varieties
16 oz.

$2.79
3.69 MSRP



Olipop
Prebiotic Soda
Select Varieties
4/12 oz.

$6.49
9.49 MSRP



Vive Organic
Organic Functional Shot
Select Varieties
2 oz.

$2.49
3.29 MSRP





Nuts For Cheese
Organic Vegan Cheese
Select Varieties
4.2 oz.

$5.99
7.99 MSRP



Muir Glen
Organic Diced Tomatoes
Select Varieties
14.5 oz.

$1.49
3.59 MSRP



Rao's
Pasta Sauce
Select Varieties
32 oz.

$7.99
11.19 MSRP

Earthbound Farm
Organic Vegetables
Select Varieties
8-10 oz.

$2.29
3.29 MSRP



Lotus Foods
Forbidden Rice
Select Varieties
15 oz.

$4.49
6.19 MSRP



Goodles
Mac & Cheese
Select Varieties
5.25-9 oz.

$3.99
5.19 MSRP





Flackers
Flaxseed Crackers
Select Varieties
5 oz.

$4.29
5.99 MSRP



Chomps
Beef Mini Stick
Select Varieties
3 oz.

$6.79
8.89 MSRP



Back To Nature
Crackers
Select Varieties
4-6.5 oz.

$2.99
4.19 MSRP

Imagine
Organic
Roasted Turkey
Gravy
13.5 oz.

$2.49
3.49 MSRP



Farmer's Market
Organic Pumpkin
15 oz.

$2.79
3.79 MSRP



Organic India
Organic Tulsi Tea
Select Varieties
18 ct.

$3.79
5.49 MSRP



Santa Cruz Organic
Cocktail Mix
Select Varieties
33.8 oz.



$6.79
9.69 MSRP

Hail Merry
Merry Bites
3.5 oz.



$4.79
6.19 MSRP



$5.29
9.39 MSRP

Immaculate Baking Co.
Cinnamon Rolls
17.5 oz.



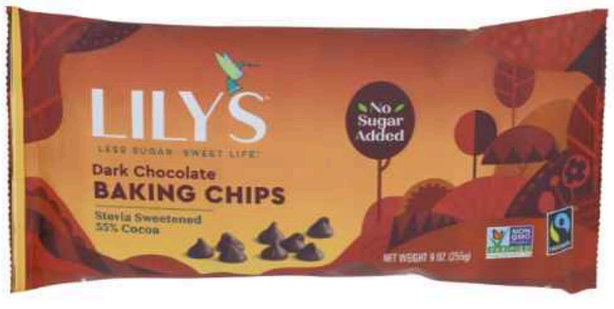
$3.29
4.59 MSRP

So Delicious Dairy Free
Coco Whip
9 oz.



Justin's
Peanut Butter Cups
Select Varieties
4.2-4.7 oz.

$4.99
7.19 MSRP



Lily's
Baking Chips
Select Varieties
9 oz.

$7.29
10.49 MSRP



Ask the Expert

November is National Diabetes Awareness month! Supporting healthy blood sugar starts with what's on your plate. Choose protein, fiber-rich vegetables, berries, beans, nuts, seeds, avocado, and quality whole-food carbohydrates to help create balanced meals and support steady energy. Pairing carbohydrates with protein, fiber, and healthy fats may help promote a steadier rise in blood glucose. From a functional nutrition perspective, digestion and overall balance are important pieces of metabolic wellness. Cinnamon, berberine, magnesium, alpha lipoic acid, chromium, and soluble fiber such as psyllium are popular supplements researched for their potential role in supporting healthy glucose metabolism.

Don't forget lifestyle basics: regular movement, hydration, quality sleep, and stress management all matter. Small daily choices can add up to big wellness benefits!

Visit any of our five Feel Rite Fresh Market locations to speak with our knowledgeable staff and learn more. Stop in or call your nearest location to schedule a free consultation with one of our nutritionists, Jamie Berent or Linda Griffin.

Vital Planet

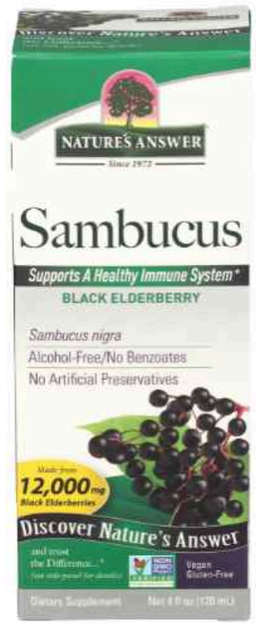


25% off
DIGEST LINE MSRP

ready pet go!



25% off
ENTIRE LINE MSRP



Nature's Answer
Sambucus Original
4 oz.

$10.99
16.99 MSRP

Nutiva
Organic MCT Oil
16 oz.



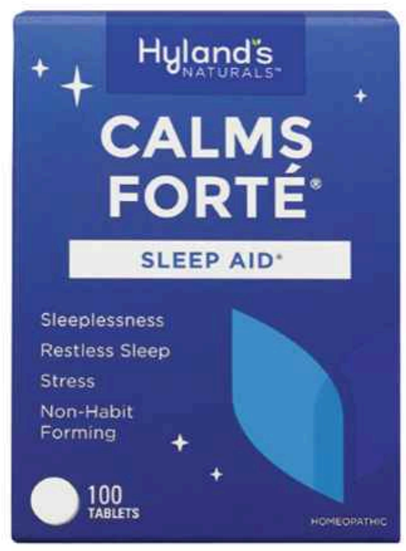
$17.99
31.89 MSRP

Natrol
Melatonin 5 mg
60 tab



$7.49
11.99 MSRP

Hyland's Naturals
Calms Forté
50 ct.



$7.99
12.19 MSRP

FEEL RITE
FRESH MARKETS

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Williamsville • 5425 Transit Rd.	(716) 636-1000
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Hamburg • 4154 McKinley Pkwy.	(716) 649-6694

Where healthy living starts!

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