

FEEL RITE FRESH MARKETS

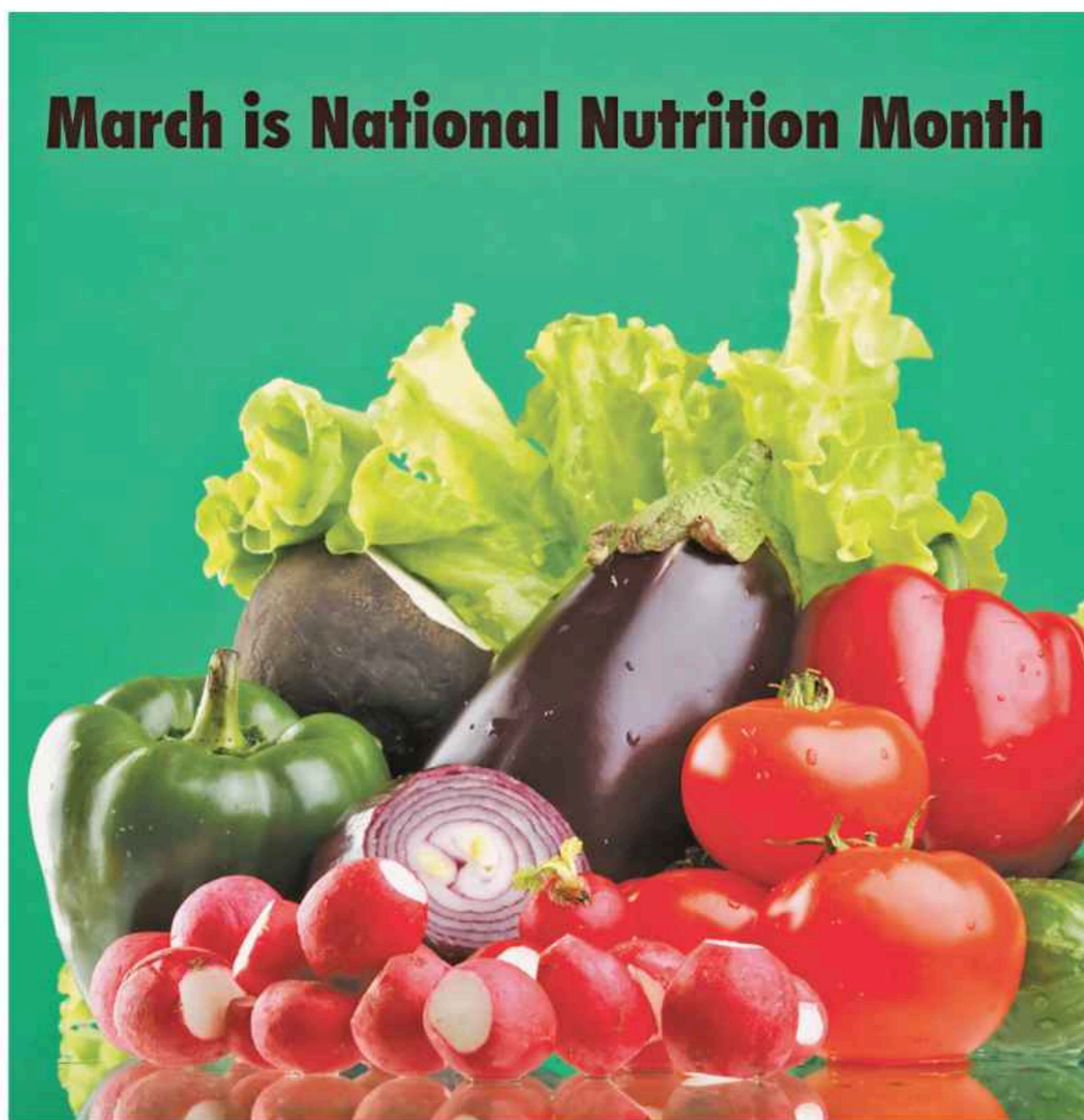
Locally Owned and Serving
Buffalo & WNY Since 1971

Mon - Sat 9am - 9pm · Sun 10am - 6pm

www.feel-rite.com   

AMHERST · WILLIAMSVILLE · BUFFALO · WEST SENECA · HAMBURG

Sale Effective 03/01-03/31/2025



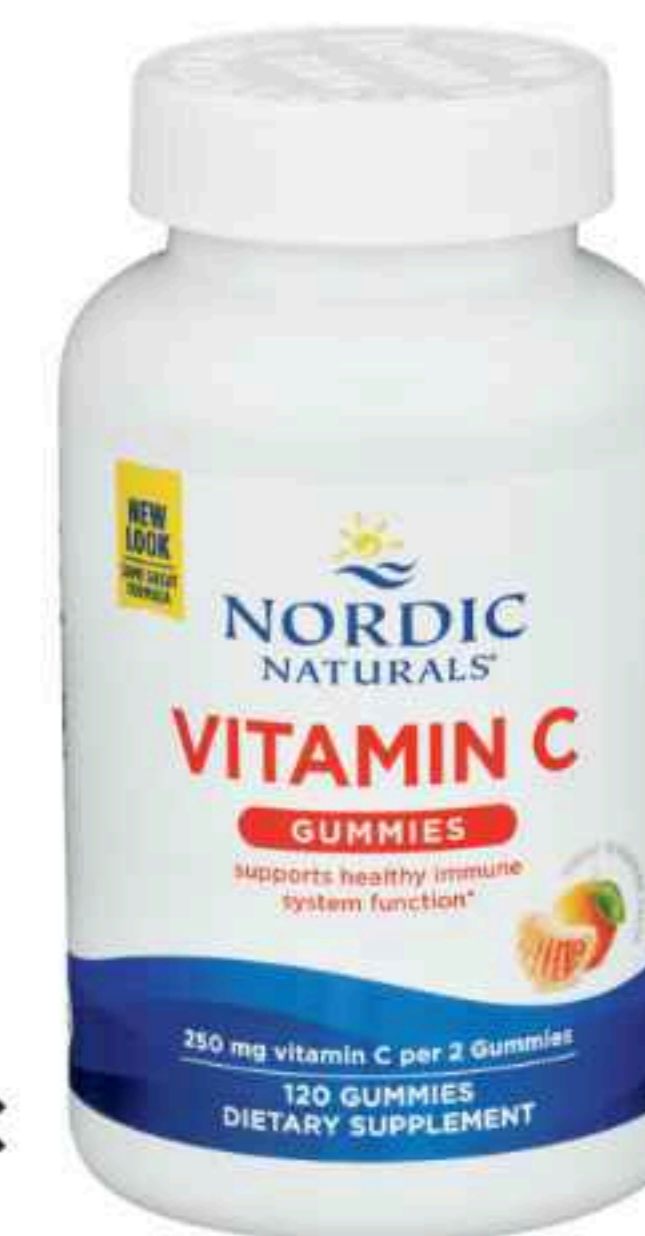
March is National Nutrition Month

+PlusHLTH
HAPPY LIVING THROUGH HEALTH



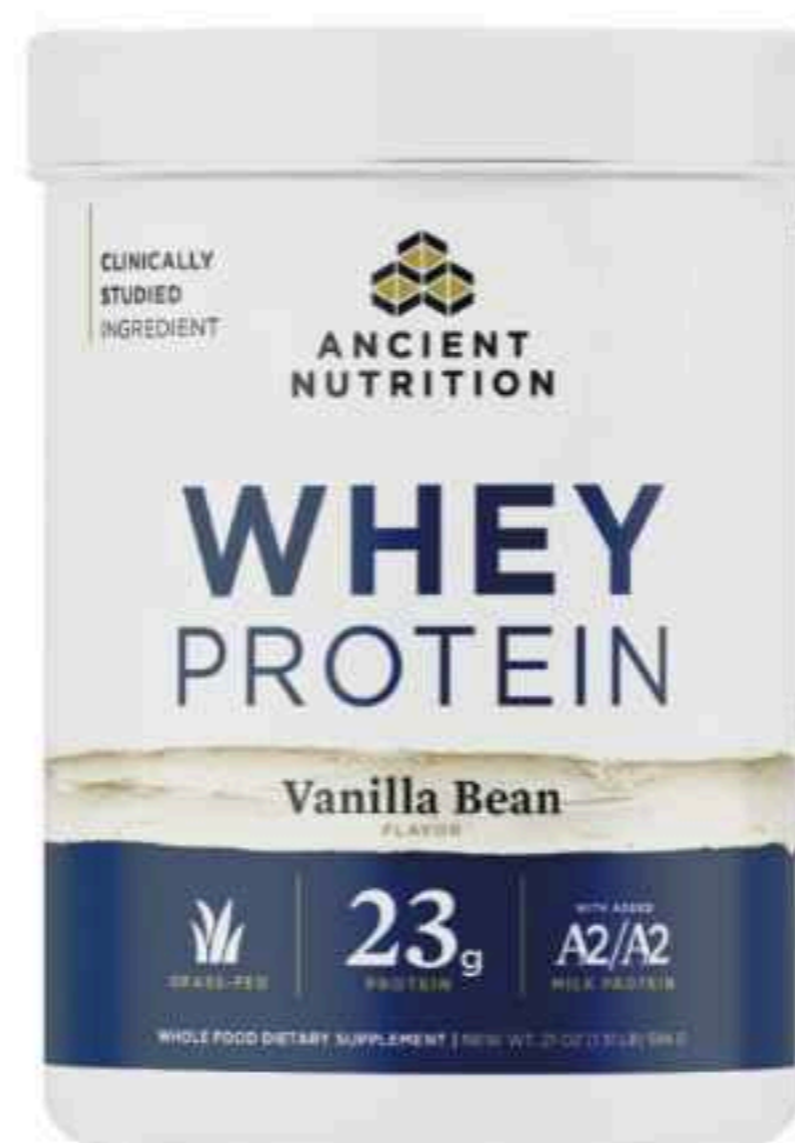
30% off
ENTIRE LINE MSRP

**NORDIC
NATURALS®**



30% off
OMEGA 3'S & VITAMIN C
GUMMIES MSRP

**ANCIENT
NUTRITION**



40% off
MULTI COLLAGEN
& WHEY MSRP



MegaFood®

25% off MSRP
ALL MAGNESIUM

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Pickup In Store,
Curbside,
or Home Delivery
Available Thru
Takeout Taxi.

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Factors®**



30% off MSRP
IMMUNE PRODUCTS

**HERB
PHARM®**



25% off
ENTIRE LINE MSRP

MSRP: Manufacturer's Suggested Retail Price. All Line Drives exclude protein bars, individual packets, trial sizes & EDLP's (Everyday Low Price Items) Not responsible for typographical errors. Not all items available at all locations. Sale Prices are effective while quantities last.



Harmless Harvest
Organic Coconut
Water
16 oz.

\$3.79
5.19 MSRP



Forager
Cashewmilk
Yogurt
Select Varieties
24 oz.

\$4.79
6.69 MSRP



Rumiano
Organic Cheese
Select Varieties
8 oz.

\$4.79
6.19 MSRP

Kerrygold
Butter
Select Varieties
8 oz.



\$4.79
6.19 MSRP

**Canyon
Bakehouse**
Gluten Free Bread
Select Varieties
18 oz.



\$5.49
7.59 MSRP

Pamela's
Pancake & Baking
Mix
24 oz.



\$7.49
9.99 MSRP



Bubbies
Pickles
Select Varieties
33 oz.

\$6.79
9.19 MSRP



EPIC Provisions
Snack Strips
Select Varieties
0.8 oz.

\$1.29
2.19 MSRP



Wild Planet
Tuna
Select Varieties
5 oz.

\$3.79
4.99 MSRP

Feel Good Foods
Egg Rolls
Select Varieties
9 oz.



\$6.49
9.19 MSRP

Lotus Foods
Rice Ramen
Select Varieties
2.8 oz.



\$1.59
2.19 MSRP

Maya Kaimal
Organic
Everyday Dal
Select Varieties
10 oz.



\$3.49
4.49 MSRP



Pumfu
Pumpkin Seed Tofu
8oz.

\$4.79
6.19 MSRP



San-J
Organic
Taman Soy Sauce
10 oz.

\$3.99
5.49 MSRP



KeVita
Organic Kombucha
Select Varieties
15.2 oz.

\$2.79
3.59 MSRP



Bedrock Bakers
Allergen Friendly
Pagels and
English Muffins

20% off
ENTIRE LINE MSRP



Choice Organics
Organic Tea
Select Varieties
16 ct.

\$3.29
4.99 MSRP

**Spring
into
Savings!**



Ask Our Nutritionist

Q: What steps can I take to enhance my memory, focus, and mental clarity?

A: A diet rich in whole foods like vegetables, fruits, nuts, seeds, and lean protein is highly effective because it contains polyphenols and antioxidants that help prevent oxidative stress. These antioxidants protect against the formation of free radicals, which can damage skin cells, contribute to illness, and accelerate aging. The Mediterranean Diet is among the best for enhancing overall health. Additionally, getting adequate sleep and reducing stress are essential for supporting brain health. Supplements that support memory retention include bacopa, ginseng, ginkgo biloba, lion's mane, phosphatidylserine, green tea, and saffron. Many of these help improve blood flow to the brain, which aids in preventing plaque formation and slowing brain aging.

Visit any one of our 5 Feel Rite Fresh Market locations to speak to one of our knowledgeable staff members for more information and assistance.

Stop in or call your nearest Feel Rite Fresh Market to schedule a consultation with our Nutritionist, Linda Griffin.

Once Again
Organic
Peanut Butter
Select Varieties
16 oz.



\$5.99
8.19 MSRP

Larabar
Energy Bar
Select Varieties
1.6-1.7 oz.



99¢
2.19 MSRP



Newman's Own
Chocolate Chip
Cookies
7 oz.

\$3.29
3.99 MSRP



UnReal
Chocolate Snacks
Select Varieties
3.2-5 oz.

\$4.79
6.39 MSRP

Kettle
Potato Chips
Select Varieties
5 oz.



\$2.99
3.89 MSRP

GoodPop
Pops
Select Varieties
10 oz.



\$3.99
5.49 MSRP



Humble™
SIMPLE AND TRUE.

25% off
ENTIRE LINE MSRP



MadHippie

20% off
ENTIRE LINE MSRP



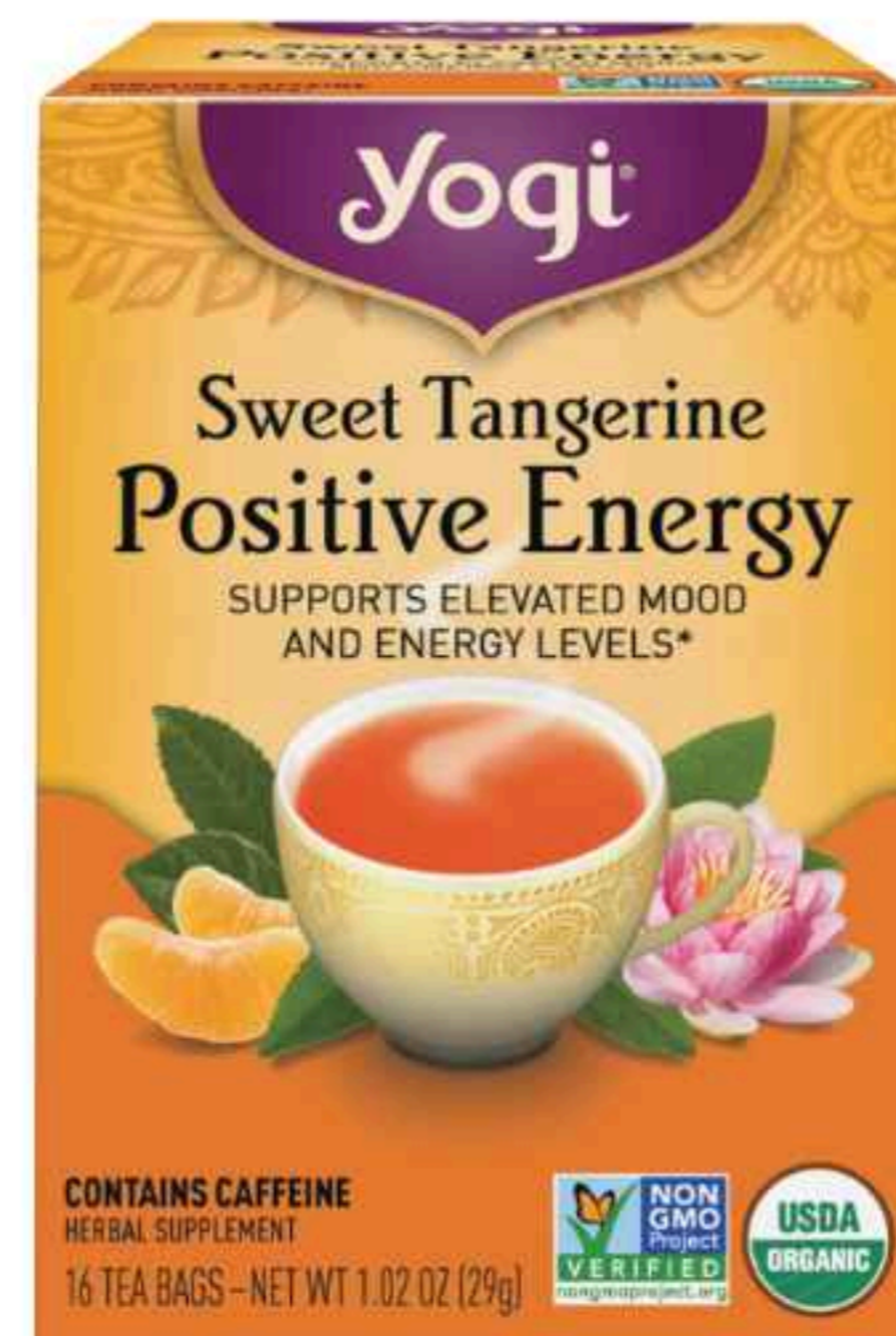
30% off
ENTIRE LINE MSRP

Carlson®

25% off
ENTIRE LINE MSRP



30% off
ENTIRE LINE MSRP



Quantum Health
Cough Lozenges
Select Varieties
18 count

\$4.29
5.19 MSRP



FEEL RITE
FRESH MARKETS

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Buffalo • 2141 Delaware Ave. (716) 837-7661
West Seneca • 3521 Seneca St. (716) 675-6620
Hamburg • 6000 South Park Ave. (716) 649-6694

Where healthy living starts!

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