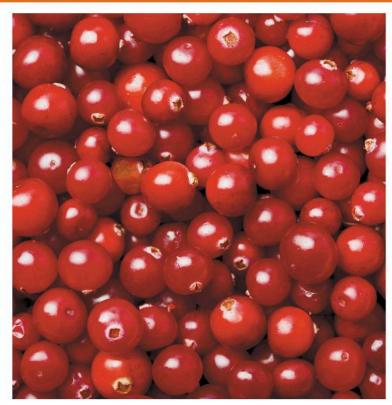
# FEEL RITE FRESH MARKETS

## Locally Owned and Serving Buffalo & WNY Since 1971

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AMHERST . WILLIAMSVILLE . BUFFALO . WEST SENECA . HAMBURG



November Gift Card Promotion!!!

Purchase a \$25 gift card, receive a \$5 gift card free!

Purchase a \$50 gift card, receive a \$10 gift card free!

Purchase a \$100 gift card, receive a \$20 gift card free!



30% off
MSRP
All Multivitamins



40% off

**Entire Line** 



30% off

**Entire Line** 



**Factors** 

30% off



**MSRP** 

All Tranquil Sleep Products



Nordic Naturals Nordic Immune Daily Defense 90 soft gels

\$24.95

MSRP \$34.95



+CBDoil
HEMP-DERIVED CBD OIL

30% off



All Gold Line

MSRP: Manufacturer's Suggested Retail Price All Line Drives excludes Protein Bars and EDLP (Everyday Low Price Items) Not responsible for typographical errors, not all items available at all locations.

November 30, 2020

Cup4cup™ Multipurpose Flour 1362 gram

\$10.59

MSRP \$19.19



Earth
Balance
Organic Vea

Organic Vegan Buttery Spread 13 oz

\$5.39

MSRP \$6.69



Violife

Shreds and Slices 7.05 - 8 ounce

Select Varieties

\$4.29

MSRP \$6.19



**Alkaline88**Alkaline Water

3.78 liter

\$3.39

MSRP \$5.59



Back To Nature

Organic Crackers 6 oz

Select Varieties

2 for \$5.00

MSRP \$4.49



**Field Roast** Celebration

Roast

\$7.59

MSRP \$8.89



Pukka

Teas 20 count

Select Varieties

\$**4.**79

MSRP \$6.79



Miso Master

Miso 16 ounce

\$11.39

MSRP \$13.49



STARKING WATER

MINITALIZATION OF THE PROPERTY OF THE PROPERTY

Nixie

Sparkling Water 96 oz

Torie & Howard®

Organic Chewie

**Fruities®** 

2.1 ounce

Select Varieties

\$4.99 MSRP \$7.49

\$1.79

MSRP \$2.09



La Tourangelle

Grapeseed Oil 16.9 fluid ounce

\$6.69

MSRP \$9.59



If You Care

Parchment Baking Paper 70 sq ft \$5.69

MSRP \$6.49



Order your Whole Turkeys and Turkey Breasts for the Holidays!

Free Range
No Hormones No
Antibiotics
Locally Raised

\$4.29 lb. Whole Turkeys \$5.99 lb. Turkey Breasts

\*Order Now. Quantities Limited.



Midel
Graham
Style Pie
Crust
7.1 ounce

\$4.69

MSRP \$5.29



Santa Barbara Olive Co.

Pitted Olives Medium or Large 5.75 - 6 ounce

\$3.29

MSRP \$3.79



\$2.99

MSRP \$3.49



DANDIES VANIELA FLAVORED VANIELA FLAVORE

Dandies® Marshmallows 10 ounce

\$4.59

MSRP \$5.39



Miyoko's Creamery Cultured Vegan Butter 8 oz

\$5.19 MSRP \$7.29



Blake's Frozen Meal 8 ounce

\$3.59

MSRP \$5.16



**Ask Our Nutritionist** 

Q. I don't sleep as well as I used to and am looking for a natural remedy to help me.

A. Sleep problems can occur with stress, anxiety, jet lag, various work shifts and menopause.

Feel-Rite Fresh Markets is featuring Natural Factors Tranquil Sleep on sale this month. It can be a very helpful supplement for you that contains only natural ingredients. It contains 5 HTP which is an amino acid that is used in our bodies to produce serotonin, sometimes referred to as the "happy chemical" which reduces anxiety and promotes sleep. Another ingredient is theanine, an amino acid, which is a naturally occurring relaxant found in green and black teas. Also included in this formula is melatonin, a hormone produced in our bodies, which can vary and affect our sleep cycles. It decreases excitatory brain chemicals and causes relaxation so that we can get to sleep faster and sleep more soundly.

In addition to Tranquil Sleep we carry many other quality formulas that assist with the issue of sleepless nights. Some of our favorites are by Life Seasons, Gaia, Himalaya and Garden of Life.

Visit any of our 5 locations throughout Western New York to ask our knowledgeable staff more about these products.

Stop in or call your nearest store location to schedule a consultation with our Nutritionist, Linda Griffin.

#### American Health

Super Papaya Enzyme Plus 360 count

\$11.99

MSRP \$18.39



Four Sigmatic Adaptogen Focus With Lion's Man

2.5 oz

\$3.99

MSRP \$5.19





60 count

#### Garden Of Life

**Essential Oils** Eucalyptus 0.5 fl oz.

\$6.99

MSRP \$9.99



#### The Grandpa Soap Co.

Pine Tar Bar Soap 3.25 oz

\$3.29

MSRP \$4.59



\$9.99

MSRP \$14.99



### Lily Of The Desert

Aloe Vera Gel or Whole Leaf Juice 32 fluid ounce

\$**7.69** 

MSRP \$9.99





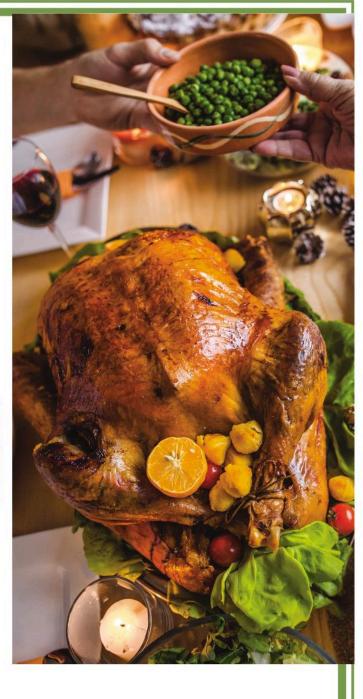
130 milliliter \$12.69

MSRP \$18.99



Free 1oz Shikai CBD Cream with any Shikai purchase.

\* While supplies last





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